![Abbott logo]

The myMerlin™ for Confirm Rx™ app is used with the Confirm Rx Insertable Cardiac Monitor to continuously monitor your heart's rhythm and share that information with your doctor.

In an emergency, do not use the app, and call your doctor.

For simplicity, these questions use myMerlin™ app instead of myMerlin™ for Confirm Rx™ICM mobile app.

Some features or mobile platforms described below may not apply based on the app version and the country the app is in use.

About the myMerlin™ app
[What does the myMerlin app do?](#)
[How does the myMerlin app communicate with my heart monitor?](#)
[How do I select the language of the app?](#)
[How do I stay connected to my doctor?](#)
[How do I turn Bluetooth® technology ON?](#)
[Do I need to hold my smartphone over my heart monitor to connect using Bluetooth®?](#)
[Do I always need to keep Bluetooth® ON and be connected to the Internet?](#)

Pairing the myMerlin™ app with your heart monitor

[Why do I need to pair the app with my heart monitor?](#)
[Can I pair my heart monitor with more than one smartphone?](#)
[What is the heart monitor serial number and where can I find it?](#)
[If I get a new smartphone, will I need to set the app up again?](#)
[Why do I need an activation code when setting up my smartphone?](#)
[Will the app drain my smartphone battery?](#)
[Can I close the myMerlin app after it has finished its task to save the battery on my smartphone?](#)
[Can I use other apps on my smartphone while using myMerlin app?](#)
[How do I turn Notifications ON if I originally turned them OFF when setting up the app?](#)
[How often does the app check my heart monitor?](#)
[What time of day does the app check my heart monitor?](#)
[Do I need to confirm that my clinic received my heart monitor information?](#)

Recording a Symptom

Travel

About the myMerlin™ app

What does the myMerlin app do?

myMerlin™ is an app that connects your smartphone to your heart monitor and automatically sends information to your doctor. It also allows you to manually record your symptoms as they happen.

How does the myMerlin app communicate with my heart monitor?

The app uses Bluetooth® wireless technology to communicate with your heart monitor.

How do I select the language of the app?

The app uses the same language as your smartphone. If the language of your smartphone is not supported by the app, it will default to English.

How do I stay connected to my doctor?

Make sure your Bluetooth® and Notifications settings are ON and your smartphone has a strong connection to the internet using Wi-Fi‡ or cellular data.

How do I turn Bluetooth® ON?

This can be done in your smartphone settings. For help with this, check your smartphone manual.

Do I need to hold my smartphone over my heart monitor to connect using Bluetooth® technology?

No. As long as Bluetooth® is ON and you keep your smartphone within 5 feet (1.5 meters) of you, the app will be able to communicate with your heart monitor. For best results, keep your smartphone next to you as you sleep.

Do I always need to keep Bluetooth® technology ON and be connected to the Internet?

The app uses Bluetooth® technology to communicate with your heart monitor and Wi-Fi‡ or cellular data to send information to your clinic. Keep these settings ON to make sure the app can work properly.

Pairing the myMerlin™ app with your heart monitor

Why do I need to pair the app with my heart monitor?
This is how your doctor is able to collect information from your heart monitor. Your heart monitor sends your heart rhythm information to the myMerlin™ app, and the app sends that information to your doctor.

Can I pair my heart monitor with more than one smartphone?
No. For security reasons, you can only pair your heart monitor to one smartphone at a time. To pair your heart monitor to a different smartphone than the one you originally downloaded the app to, you first need to uninstall the app on your first smartphone.

What is the heart monitor serial number and where can I find it?
A serial number is a unique number assigned to your heart monitor for identification purposes. It's located on the heart monitor patient identification (ID) card given to you by your doctor.

If I get a new smartphone, will I need to set the app up again?
Yes. You also will need to pair your new smartphone with your heart monitor.

Why do I need an activation code when setting up my smartphone?
The activation code is for security purposes.

Will the app drain my smartphone battery?
No. The app only uses energy when it needs to perform a task, like sending a transmission to your clinic. Even when the app does perform a task, it uses very little energy.

Can I close the myMerlin app after it has finished its task to save the battery on my smartphone?
No. The app should be continuously open in the background.

Can I use other apps on my smartphone while using myMerlin app?
Yes, but never close or quit the myMerlin app on your smartphone. If the app is closed, it is not transmitting.

How do I turn Notifications ON if I originally turned them OFF when setting up the app?
You can turn Notifications ON from your smartphone settings.

How often does the app check my heart monitor?
Typically, the app connects to your heart monitor once each day to collect information and send it to your clinic. However, this depends on the settings and schedule determined by your doctor.

What time of day does the app check my heart monitor?
These checks usually happen around 2 a.m. Keep your smartphone near you (within 1.5 meters or 5 feet) when you sleep. If you are not near your smartphone at that time, the app will automatically try again when you are, and will notify you if there is a problem.

Do I need to confirm that my clinic received my heart monitor information?
No. Your app will tell you if there is a problem sending the information to your clinic.

Recording a Symptom

The myMerlin™ app is not intended for emergency use. In case of emergency, call emergency services or contact your doctor. If you're experiencing symptoms that aren't an emergency and that you've discussed with your doctor, use the app to record them.

How do I record a symptom?
Open the app on your smartphone and press the 'Record Symptom' button. You should keep your smartphone nearby until the Success message displays.

When will my doctor see the symptoms I recorded?
Depending on your doctor's preference, the symptoms may be sent immediately or during routine transmissions.

Should I call my clinic when I record symptoms?
Your doctor will have provided instructions about to do when you experience symptoms.

Can I check to see what symptoms were recorded?
Yes. You can view the app's History to see the symptoms you've recorded. Your clinic will let you know if you should come in for a check-up.

Travel

Should I take my smartphone with me when I travel?
Yes. You need your smartphone with you, turned ON and connected to your heart monitor at all times, including when you are sleeping. Stay connected to the internet (Wi-Fi[‡] or cellular data) as often as possible. Depending on where you travel and your smartphone plan, additional charges may apply.

How should I plan ahead for lack of internet access?
As soon as you have a good connection again, the app will send your information to your clinic. However, try to stay connected to the internet (Wi-Fi[‡] or cellular data) as often as possible.

Will time zone changes affect my remote monitoring?

No. The app will automatically adjust to time zone changes to ensure you don't miss your Daily Checks and Automatic Clinic Transmissions.

Will sleeping far away from my smartphone affect monitoring?

Yes. Keep your smartphone near you (within 5 feet or 1.5 meters) while you sleep. If the smartphone is not nearby while you sleep, the app will connect with your heart monitor as soon as you are. The app will also notify you if there was a problem connecting to your heart monitor.

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Rx Only

Indications: The Confirm Rx™ ICM is indicated for the monitoring and diagnostic evaluation of patients who experience unexplained symptoms such as: dizziness, palpitations, chest pain, syncope, and shortness of breath, as well as patients who are at risk for other cardiac arrhythmias. It is also indicated for patients who have been previously diagnosed with atrial fibrillation or who are susceptible to developing atrial fibrillation. The Confirm Rx™ ICM has not been specifically tested for pediatric use.

Contraindications: There are no known contraindications for the insertion of the Confirm Rx™ ICM. However, the patient's particular medical condition may dictate whether or not a subcutaneous, chronically insertion device can be tolerated.

Adverse Events: Possible adverse events (in alphabetical order) associated with the device, include the following: Allergic reaction, Bleeding, Chronic nerve damage, Erosion, Excessive fibrotic tissue growth, Extrusion, Formation of hematomas or cysts, Infection, Keloid formation and Migration. Refer to the User's Manual for detailed indications, contraindications, warnings, precautions and potential adverse events.

Additional Information: Clinicians must log onto Merlin.net™ Patient Care Network to view transmissions from patients' Confirm Rx™ ICM. On Merlin.net™ PCN they can configure transmission schedule and enable or disable features on patient's myMerlin™ for Confirm Rx™ mobile app. Review of transmissions is dependent on the clinician and may not happen immediately following delivery of such transmissions.

Limitations: Patients may use their own Apple‡ or Android‡ mobile device to transmit information from their Confirm Rx™ ICM using the myMerlin™ for Confirm Rx™ mobile app. To do so the device must be powered on, app must be installed, Bluetooth® wireless technology enabled and data coverage (cellular or WiFi‡) available. The myMerlin™ for Confirm Rx™ app provides periodic patient monitoring based on clinician configured settings. Transmission data is resent if not sent successfully. However there are many internal and external factors that can hinder, delay, or prevent acquisition and delivery of ICM and patient information as intended by the clinician. These factors include: patient environment, data services, mobile device operating system and settings, ICM memory capacity, clinic environment, schedule/configuration changes, or data processing.

An Abbott mobile transmitter is available for patients without their own compatible mobile device.

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