



CONFIRM Rx™ INSERTABLE CARDIAC MONITOR

CONTINUOUS HEART MONITORING

**LIVE LIFE WITHOUT
SKIPPING A BEAT**

FIND YOUR RHYTHM



DON'T IGNORE THE SYMPTOMS OF AN IRREGULAR HEARTBEAT

7.1
MILLION

Up to 7.1 million people in the U.S. have an irregular heartbeat^{1,2}



**HIGHLY
TREATABLE**

An irregular heartbeat may be highly treatable when properly diagnosed

5^x
STROKE
RISK

An irregular heartbeat can make your risk of stroke 5 times higher³

If your doctor suspects you may have a cardiac arrhythmia, such as atrial fibrillation, he or she may recommend continuous heart monitoring to record your symptoms and episodes as they occur over an extended period of time.

Indications for use: Confirm Rx™ ICM is indicated for the monitoring and diagnostic evaluation of patients who experience unexplained symptoms such as: dizziness, palpitations, chest pain, syncope, and shortness of breath, as well as patients who are at risk for other cardiac arrhythmias. Confirm Rx™ ICM is also indicated for patients who have been previously diagnosed with atrial fibrillation or who are susceptible to developing atrial fibrillation.

CONFIRM Rx™ INSERTABLE CARDIAC MONITOR

THE WORLD'S FIRST SMARTPHONE-ENABLED INSERTABLE CARDIAC MONITOR



The slimmest ICM available, Confirm Rx™ ICM combines a smartphone app and integrated symptom recorder to make monitoring your heart's rhythm easy, effective and discreet.



Easy

Continuous heart monitoring uses your smartphone to record episodes of irregular heartbeat.



Effective

The mobile app makes it easy to monitor and send your heart rhythm information to your doctor without interrupting your daily activities.



Discreet

Confirm Rx™ ICM is the slimmest insertable cardiac monitor available today.

Learn more at ConfirmYourRhythm.com

UNDERSTANDING AN IRREGULAR HEARTBEAT



WHAT CAUSES AN IRREGULAR HEARTBEAT?

An irregular heartbeat, such as atrial fibrillation (AFib), is a very fast and disorganized heartbeat that occurs in the upper chambers of the heart (the atria). Rather than beating in a regular, coordinated rhythm, the upper chambers may beat between 350 and 600 times per minute, making them appear to quiver. As a result, the heart can't effectively pump blood throughout the body.

SYMPTOMS OF AFIB CAN INCLUDE:

- Racing, pounding heart
- Erratic pulse
- Feeling worn out, fatigued
- Shortness of breath
- Trouble with normal exercise and activities
- Chest pain or pressure
- Lightheadedness, dizziness and fainting

Many people who have AFib may not experience these outward symptoms. Because AFib is a serious medical condition that can weaken your heart over time and put you at significantly higher risk of stroke, it is important for your doctor to accurately diagnose your condition and understand how often and how long it occurs.

Be sure to let your physician know about your symptoms and provide information on when they began, how long they last, and what they feel like.

DIAGNOSING AN IRREGULAR HEARTBEAT

Your doctor will conduct a thorough medical history and physical exam, which may include a blood test, Electrocardiogram (ECG or EKG), or Electrophysiology (EP) study. Cardiac monitoring may also be necessary to understand how often and how long your episodes of AFib typically occur. Ways to monitor your heart may include:

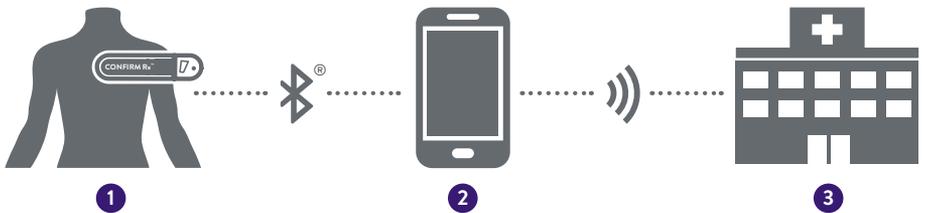
SHORT-TERM MONITORING:

A small, portable ECG monitor, called a **Holter Monitor**, can record your heart rhythm using wires attached to your skin with patches. This type of device is used for 24-48 hours. An **Event Recorder**, a small device that you press against your chest in the event of an AFib episode, may also be used for up to 30 days.

LONG-TERM MONITORING:

If your symptoms are less frequent, or your physician wants additional monitoring to better understand your condition or the impact of different treatments, an **Insertable Cardiac Monitor** such as the **Confirm Rx™ ICM** may be recommended to monitor your heart for up to two or more years.

HOW THE CONFIRM Rx™ ICM WORKS



1 The Confirm Rx™ insertable cardiac monitor (ICM) is inserted just under the skin and continuously monitors your heart's rhythm. **2** The myMerlin™ mobile app securely transmits information to your doctor about changes in your heart rhythm during your daily activities. **3** Transmissions are sent automatically to help your doctor diagnose the cause of your arrhythmia and provide appropriate care.

GETTING STARTED:

Prior to your procedure, use the following steps to install the myMerlin™ mobile app on your smartphone.



1. From your phone's home screen, access your mobile app store.



2. Tap the magnifying glass to search for: "myMerlin™ for Confirm Rx™". Once you have located the "myMerlin™ for Confirm Rx™" app, install it on your smartphone. There is no charge to download the app.



3. Walk through the interactive demo on your new myMerlin™ mobile app.

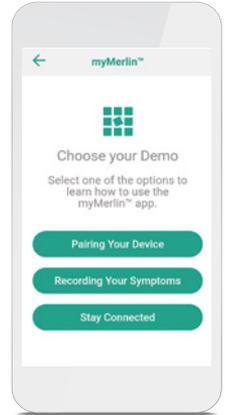
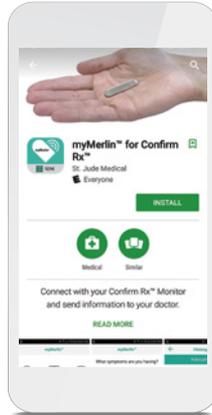


QUICK GUIDE:

With the myMerlin™ app for Confirm Rx™ ICM you can access an interactive demo and FAQ to familiarize yourself with the app technology.

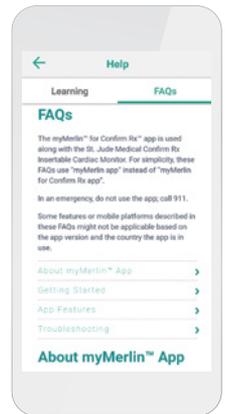
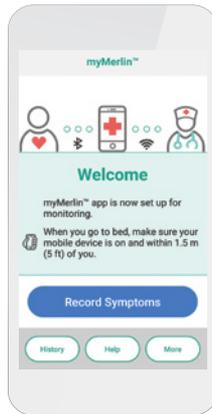
INTERACTIVE DEMO

to help you get comfortable with all the app features and functions. Demo is accessible before and after your procedure.



FAQ PORTAL TO PROVIDE ANSWERS

on how to best use your app to ensure you stay connected with your doctor.



Data Usage: Standard use of the myMerlin™ app for Confirm Rx™ ICM should consume under 10 MB of data each month.

Learn more at [ConfirmYourRhythm.com](https://www.confirmyourrhythm.com)

References:

1. Cdc.gov. (2017). *Atrial Fibrillation Fact Sheet* [Data & Statistics] [DHSP/CDC]. [online] Available at: https://www.cdc.gov/dhdp/data_statistics/fact_sheets/fs_atrial_fibrillation.htm [Accessed 10 Nov. 2017].
2. Fu Q, Levine BD. Pathophysiology of Neurally Mediated Syncope: Role of Cardiac Output and Total Peripheral Resistance. *Autonomic neuroscience : basic & clinical*. 2014;184:24-26. doi:10.1016/j.autneu.2014.07.004.
3. Heart.org. (2017). *AFib Awareness*. [online] Available at: http://www.heart.org/HEARTORG/Conditions/Arrhythmia/AFib-Awareness_UCM_476637_SubHomePage.jsp [Accessed 10 Nov. 2017].

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St. Jude Medical is now Abbott.

Indications: The Confirm Rx™ ICM is indicated for the monitoring and diagnostic evaluation of patients who experience unexplained symptoms such as: dizziness, palpitations, chest pain, syncope, and shortness of breath, as well as patients who are at risk for other cardiac arrhythmias. It is also indicated for patients who have been previously diagnosed with atrial fibrillation or who are susceptible to developing atrial fibrillation.

Contraindications: There are no known contraindications for the implantation of the Confirm Rx™ ICM. However, the patient's particular medical condition may dictate whether or not a subcutaneous, chronically implanted device can be tolerated.

Adverse Events: Possible adverse events (in alphabetical order) associated with the device, include the following: Allergic reaction, Bleeding, Chronic nerve damage, Erosion, Excessive fibrotic tissue growth, Extrusion, Formation of hematomas or cysts, Infection, Keloid formation and Migration. Refer to the User's Manual for detailed indications, contraindications, warnings, precautions and potential adverse events.

Precautions: Clinicians must log onto Merlin.net™ Patient Care Network to view transmissions from patients' Confirm Rx™ ICM. On Merlin.net™ PCN they can configure transmission schedule and enable or disable features on patient's myMerlin™ mobile app. Review of transmissions is dependent on the clinician and may not happen immediately following delivery of such transmissions.

Limitations: Patients may use their own Apple® or Android® mobile device to transmit information from their Confirm Rx™ ICM using the myMerlin™ mobile app. To do so the device must be powered on, app must be installed, Bluetooth® wireless technology enabled and data coverage (cellular or WiFi) available. The myMerlin™ app provides periodic patient monitoring based on clinician configured settings. Transmission data is resent if not sent successfully. However there are many internal and external factors that can hinder, delay, or prevent acquisition and delivery of ICM and patient information as intended by the clinician. These factors include: patient environment, data services, mobile device operating system and settings, ICM memory capacity, clinic environment, schedule/configuration changes, or data processing.

An Abbott mobile transmitter is available for patients without their own compatible mobile device.

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22873-SJM-CFM-0417-0033(3) | Item approved for global use.

